

# In the Light of ONE

Presents

## ADVANCED SAGING & SMUDGING WORKSHOP

### Ley Greywolf



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ACHIEVE GREATER SUCCESS IN YOUR SPIRITUAL PRACTICES!

Use Sage and Herbs to achieve various results, from ritual ceremony to personal use.

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This four (4) hour intensive workshop will teach you how to use Herbs and Sage in ritual workings and for your personal use. Instructor Shaman Ley Greywolf will discuss the power of using feathers and the breath of intent to help achieve your intended goals when saging or smudging and how to understand and use elemental signs to achieve greater success in your clearing practices.

**Topics to be discussed are:**

- ❖ Purpose of Saging or Smudging what is the difference
- ❖ Tools for Saging
- ❖ Feathers and their Part in the Process
- ❖ Types of Sage and uses
- ❖ Saging Self and others
- ❖ Smudging
- ❖ Smudging 'Tools'
- ❖ Intention and Participation
- ❖ Finishing

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Cleansing with Sage and herbs clear away negative energy, thoughts and bad feelings and helps in clearing one's aura, and environment. Using smudge, you can create a sacred space for both yourself and your home by removing negative energies. You can then impart your own personal energy into the space around you. Seating is limited call now to reserve your seat at (813)770-2077.

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| 1. Class Maximum of 3 to 7 people    | \$100.00 |
| 2. Private Class Maximum of 2 people | \$250.00 |



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Plant City, FL 33563

(813) 770-2077